

Grandparent Op-Ed Templates for Pause with the GFPD 2026

Instructions:

1. Choose an Op-Ed template that fits your family.
2. Copy it into your own document and customize it.
3. Submit it to your local newspaper (usually via their website).
4. Notify GFPD when it runs by emailing Katie at katie@thegfpd.org and/or Margaret at margaret@mcrbranding.com.

Glossary of Terms:

- PBD-ZSD = Peroxisomal Biogenesis Disorder – Zellweger Syndrome Disorder (this includes the historically described Zellweger's, NALD, IRD, and Heimler)
- DBPD = D-Bifunctional Protein Deficiency
- ACOX = Acyl-CoA Oxidase Deficiency
- AMACRD = 2-Methylacyl-CoA racemase Deficiency

Parent Templates Available:

Non-Bereaved Grandparent (PBD-ZSD).....	2
Non-Bereaved Grandparent (DBPD)	3
Non-Bereaved Grandparent (ACOX)	4
Non-Bereaved Grandparent (AMARCD)	5
Bereaved Grandparent (PBD-ZSD)	6
Bereaved Grandparent (DBPD)	7
Bereaved Grandparent (ACOX)	8
Bereaved Grandparent (AMACRD).....	9
Both Bereaved and Non-Bereaved Grandparent.....	10

**Template for Grandparent(s) of Child(ren) Living with a
Peroxisomal Biogenesis Disorder in the Zellweger Spectrum (PBD-ZSD)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON is HOW MANY MONTHS/YEARS old and is one of fewer than 1,000 children living worldwide with a peroxisomal biogenesis disorder in the Zellweger spectrum (PBD- ZSD). TELL 1-3 SENTENCES ABOUT YOUR GRANDCHILD. PBD-ZSD is a rare, genetic, condition affecting multiple organ systems in the body, and is generally fatal in childhood.

Pause with the GFPD is a day that brings our family hope. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of Child(ren) Living with
D-Bifunctional Protein Deficiency (DBPD)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON is HOW MANY MONTHS/YEARS old and is one of only a few children living worldwide with a peroxisomal disorder called, d-bifunctional protein deficiency (DBPD). TELL 1 - 3 SENTENCES ABOUT YOUR CHILD. DBPD is a rare, genetic, condition affecting multiple organ systems in the body, and is generally fatal in childhood.

Pause with the GFPD is a day that brings our family hope. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of Child(ren) Living with
Acyl-CoA Oxidase Deficiency (ACOX)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON is HOW MANY MONTHS/YEARS old and is one of only a few children living worldwide with a peroxisomal disorder called, Acyl-CoA Oxidase Deficiency (ACOX). TELL 1 -3 SENTENCES ABOUT YOUR CHILD. ACOX is a rare, genetic, condition affecting multiple organ systems in the body, and is generally fatal in childhood.

Pause with the GFPD is a day that brings our family hope. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of Child(ren) Living with
2-Methylacyl-CoA racemase Deficiency (AMACRD)**

To the Editor:

October 5th is a special day for our family as we celebrate Pause with the GFPD, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON is HOW MANY MONTHS/YEARS old and is one of only a few children living worldwide with a peroxisomal disorder called, 2-Methylacyl-CoA racemase Deficiency (AMACRD). TELL 1 -3 SENTENCES ABOUT YOUR CHILD. AMACR Deficiency is a rare, genetic, condition.

Pause with the GFPD is a day that brings our family hope. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the individuals affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of Child(ren) Who Died from a
Peroxisome Biogenesis Disorder in the Zellweger Spectrum (PBD-ZSD)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON lived for MONTHS/YEARS with a peroxisome biogenesis disorder in the Zellweger spectrum (PBD-ZSD). OUR/MY GRANDDAUGHTER/SON is one of fewer than 1,000 children worldwide affected with PBD-ZSD. TELL 1-3 SENTENCES ABOUT YOUR GRANDCHILD.

Pause with the GFPD is a day that brings our family hope for the future. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life- saving treatments. Taking the time to participate in *Pause with the GFPD* also helps those of us who have lost a grandchild to know they are still loved and remembered. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of a Child(ren) Who Died From
D-Bifunctional Protein Deficiency (DBPD)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON lived for _____MONTHS/YEARS with a peroxisomal disorder called, d-bifunctional protein deficiency (DBPD). TELL 1-3 SENTENCES ABOUT YOUR GRANDCHILD.

Pause with the GFPD is a day that brings our family hope for the future. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. Taking the time to participate in *Pause with the GFPD* also helps those of us who have lost a grandchild to know they are still loved and remembered. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of a Child(ren) Who Died From
Acyl-CoA Oxidase Deficiency (ACOX)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON lived for _____MONTHS/YEARS with a peroxisomal disorder called, Acyl-CoA Oxidase Deficiency (ACOX). TELL 1-3 SENTENCES ABOUT YOUR GRANDCHILD.

Pause with the GFPD is a day that brings our family hope for the future. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. Taking the time to participate in *Pause with the GFPD* also helps those of us who have lost a grandchild to know they are still loved and remembered. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) of Child(ren) Who Died From
2-Methylacyl-CoA racemase Deficiency (AMACRD)**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON lived for _____MONTHS/YEARS with a peroxisomal disorder called, 2-Methylacyl-CoA racemase Deficiency (AMACRD). TELL 1-3 SENTENCES ABOUT YOUR GRANDCHILD.

Pause with the GFPD is a day that brings our family hope for the future. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the individuals affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. Taking the time to participate in *Pause with the GFPD* also helps those of us who have lost a grandchild to know they are still loved and remembered. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE

**Template for Grandparent(s) Who are Both Bereaved
and Have a Grandchild(ren) Living with a Peroxisomal Disorder**

To the Editor:

October 5th is a special day for our family as we celebrate *Pause with the GFPD*, the annual awareness day of The Global Foundation for Peroxisomal Disorders (GFPD). I invite the NEWSPAPER NAME readership to join our family and PAUSE for families impacted by peroxisomal disorders in more than 40 countries around the world.

OUR/MY GRANDDAUGHTER/SON died at age ___ MONTHS/YEARS from a peroxisomal disorder, and OUR/MY GRANDDAUGHTER/SON is also living at age ___MONTHS/YEARS with a peroxisomal disorder. TELL 1-3 SENTENCES ABOUT YOUR GRANDCHILDREN WHO HAD & HAVE THIS DISEASE.

Pause with the GFPD is a day that brings our family hope for the future. The GFPD is a 501(c)(3) nonprofit public charity founded in Tulsa, Oklahoma in 2010 to support families affected by peroxisomal disorders and to directly fund medical research.

On October 5th, we are celebrating all that the GFPD has accomplished in the last 16 years in moving towards a cure for peroxisomal disorders. Most importantly, *Pause with the GFPD* celebrates the beautiful children affected by this rare, terminal condition. We invite you to help the GFPD – and our global community of patients, families, caregivers, scientists, and medical professionals – raise awareness about the need for treatments and cures for this rare, genetic, and terminal disease.

Raising public awareness makes a difference. It gives families hope and can lead to new, life-saving treatments. Taking the time to participate in *Pause with the GFPD* also helps those of us who have lost a grandchild to know they are still loved and remembered. I encourage everyone reading this to get involved by visiting the GFPD website: <http://www.thegfpd.org>, or find us on Facebook, Instagram, or X @thegfpd to learn about *Pause with the GFPD* celebrations in your area, ways you can help make a difference, and to learn more about the groundbreaking work the GFPD is doing around the world.

Sincerely,
YOUR
NAME
YOUR CITY, YOUR STATE